

### **The Season of Lent**

Lent this year begins on **Wednesday 26<sup>th</sup> February**. The Season of Lent prepares us for Easter, the greatest feast in the Liturgical Year. This time of preparation lasting **40 days** recalls the 40 days in the desert of Jesus. We are invited to live the season as a time of spiritual renewal. The Lenten journey is marked in a special way by the three 'traditional' dimensions of Lent, namely: **prayer, fasting and almsgiving**. Through prayer we make room for God in our lives. Through fasting, which can take various forms, we deny ourselves something in order to share it with others, especially those in need. Almsgiving leads us to share with others what we have received from the Lord in a spirit of solidarity and communion.

### **SCIAF Wee Boxes**

Kindly pick up your own WEE BOX for this year's Lenten appeal at the back of the church. This year SCIAF is highlighting the devastating impact of sexual violence on women in the Democratic Republic of Congo. This year from 21<sup>st</sup> February to 20<sup>th</sup> May all donations to our WEE BOX BIG CHANGE appeal will be doubled by the UK government. May God reward your generosity.

### **40 Days for Life Lenten Prayer and Fasting Vigil**

The 40 Days for Life Vigil will then take place from Ash Wednesday 26<sup>th</sup> February from 8am until 8pm each day outside of the Hardgate Road entrance to the QEUH. The Vigil will close on Palm Sunday 5<sup>th</sup> April at the QEUH. Please consider what you are going to do for Lent, come and pray for a culture of life here in Scotland and around the world. If you would like more information then please contact [Ogilvie1615@outlook.com](mailto:Ogilvie1615@outlook.com).

### **Pro Life Masses**

A Pro Life Mass to be held in St Augustine's Church in Coatbridge on **Tuesday 25<sup>th</sup> February**. In Glasgow, this month's Pro-Life Mass is on **Wednesday, 19<sup>th</sup> February** in Bl. John Duns Scotus, 270 Ballater St, Gorbals G5 0YT. There will be Adoration at 6pm, followed by Rosary at 7pm and Mass at 7.30pm. All welcome. The celebrant will be Fr Dominic Quinn.

### **Contemplative Prayer Sessions in Carfin**

There will be four Lenten Sessions of Contemplative Prayer tagged "Journey into Freedom" organised with thanks to the Ignatian Spirituality Centre, Glasgow. The sessions will be on Mondays 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> and 23<sup>rd</sup> March from 7.15-9.00pm in the Xavier Centre at Carfin. All welcome!

### **Tea and Coffee Morning**

We shall be having a tea and coffee after the 10.00am Mass in the Parish Hall. All are invited.

### **Race Night**

The Spiritans invite you to a **Race Night** to be held at Little Flower Hall on Friday 20<sup>th</sup> March. Featuring fun night, licensed bar, auctions and dancing. First race 7:30pm. Ticket: £5.00.

### **60<sup>th</sup> Anniversary**

Preparations are gearing up for our anniversary celebration now scheduled for **Sunday 24<sup>th</sup> May**. We plead that people return the pilgrimage forms sent out two weeks ago. The pilgrimage will be organized only if people sign up for it. A good number of parishioners attended Mass last Friday 21<sup>st</sup> February which was the actual anniversary of the Opening of the Church.

### **Parish Meeting**

Thanks to all those who attended the parish meeting we had last Thursday. We were able to put in place a Parish Committee and a Finance Committee. The two committees will be inaugurated next Sunday during the 10am Mass. We thank the members of the committees for their willingness to serve the parish.

### **Parish Choir**

There is need for us to set up a Parish Choir so that we could have some good music for the Holy Week, Easter and also for our upcoming anniversary celebration. Mr Eddie Cullen has volunteered to liaise with the music ministry in the parish to set up the choir. We call on volunteers to join the choir. Interested persons should come along for an initial rendezvous in the church on Monday 24<sup>th</sup> February at 7.00pm.

### **Offertory Procession**

We shall soon be inviting families to take part in the offertory procession. If families put their names forward a rota could be organized and the name of the family doing the offertory procession would be entered in the bulletin as is done with the readers and Ministers of the Eucharist.

### **Short-Term Pledge For Lent**

The Pioneer Total Abstinence Association of the Sacred Heart is once again promoting the 'Short-Term Pledge for Lent', prayer leaflets are available at the back of the Church. They will also be having a Lenten evening retreat led by Fr. Eamon Sweeney in St. Patrick's Church, Coatbridge on Tuesday 10<sup>th</sup> March 2020 commencing at 7pm. All are welcome to attend.

### **Lanarkshire Cancer Care Trust**

We offer cancer patients and their carers living the NHS Lanarkshire area free transport to: hospitals for life saving treatment such as chemotherapy and radiotherapy. Specialist clinic appointments for follow-up consultations. For more information visit [www.lcctdrivers.com](http://www.lcctdrivers.com)

*Pray for the Sick: Fernando Marco Antonio Menoscal, Julia Cullion*

*Months Mind: May McGlynn*

Last Week's Collection: £683.49

**Thank you to the parish for their generosity**

*Response the Psalm: The Lord is compassion and love.*

# Season of Lent

## Ideas for Lenten Fast

Give up harsh words: use generous ones

Give up unhappiness: take up gratitude

Give up anger: take up gentleness and patience

Give up pessimism: take up hope and optimism

Give up worrying: take up trust in God

Give up complaining: value what you have

Give up stress: take up prayer and mindfulness

Give up judging others: discover Jesus within them

Give up sorrow and bitterness: fill your hearts with joy

Give up selfishness: take up compassion for others

Give up being unforgiving: learn reconciliation

Give up words: fill yourself with silence and listen to others



**Administrator:**  
Revd Fr Bernardine

## ST. TERESA'S R.C. CHURCH

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### *The Seventh Sunday of Ordinary Time*

Weekly Schedule	Time	Intention
Sunday 23rd Feb.	10:00am	May McGlynn
Monday 24th Feb.	8:30am 9:30am	Exposition of the Blessed Sacrament Private Intention
Tues 25th Feb.	8:30am 9:00am 9:30am	Exposition of the Blessed Sacrament Holy Rosary Private Intention
Wed 26th Feb. <i>Ash Wednesday</i>	8:30am 9:30am 11:00am 7:00pm	Exposition of the Blessed Sacrament Private Intention Ash Wednesday Service in the School Evening Mass of Ash Wednesday
Thurs 27th Feb.	8:30am 9:00am 9:30am	Exposition of the Blessed Sacrament Holy Rosary and Benediction Private Intention
Friday 28th Feb.	8:10am 9:00am 9:30am	Mass for the School Stations of the Cross Private Intention
Sat 29th Feb.	4:00pm 4:30pm	Holy Rosary Private Intention

	Readers	Eucharistic Ministers
Sat. 29th Feb.	C Scullion	A M Lynn, C Dabernig, D Feeney
Sunday 1st March.	E Smith	J Mullen, M Nugent, P Cullion

